

I have been affected by Coronavirus (COVID-19), Am I eligible for benefits?

Many people who have been impacted by COVID-19 qualify for benefits to help them buy groceries, get health care, or get financial support. See what support you might be eligible for on the following pages. For some benefits, other factors might affect your eligibility (for example, pregnancy or immigration status).

Benefits available to Employees



Paid or unpaid leave

If you're sick or taking care of your family

Federal Sick and Family Leave

If your employer has fewer than 500 employees, you may be eligible for:

- **Paid sick leave (at full pay)** if you can't work because of a quarantine ordered by the government or advised by a health care provider, or you're sick with COVID-19 symptoms and are seeking a medical diagnosis
- **Paid sick leave (at two-thirds pay)** if you can't work because you need to care for someone in quarantine because of a government order or advice of health care provider
- **Up to an additional 10 weeks of paid expanded family and medical leave (at two-thirds pay)** to care for a child whose school or child care is closed or unavailable for reasons related to COVID-19

Qualifying employers must provide you with this leave, and you don't need to apply. To learn more, visit the [US Department of Labor website](#).

State Sick Leave

Sick and Family leave from NY State provides additional paid or unpaid leave (depending on the size of your employer). You may be eligible if you miss work due to:

- Isolation or quarantine orders from the government or a health care provider
- Taking care of family member affected by COVID-19

Qualifying employers must provide you with this leave, and you don't need to apply. Learn more from [NY State Dept of Labor](#).

New York City Sick Leave

NYC Paid Safe and Sick Leave includes up to 40 hours of paid or unpaid sick leave (depending on employer's size) for NYC employees. You may be eligible:

- If you've worked for your employer for 120 days or more
- Regardless of immigration status

Qualifying employers must provide you with this leave, and you don't need to apply. Learn more from the [Department of Consumer and Worker Protection](#).

For more information on available support, visit the [Coronavirus \(COVID-19\) Updates page](#)



DISCLAIMER: The information provided in this document does not, and is not intended to, constitute legal advice. All information available in this document is for general informational purposes only. Information in this document may not be up-to-date. For legal advice, you should contact a lawyer to assess your situation

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Benefits available to Employees

Payments if you lost your job

If you are working fewer hours, had a planned job that's cancelled, or have been furloughed due to COVID-19

Pandemic Unemployment Assistance

Pandemic Unemployment Assistance (PUA) gives temporary income to workers who wouldn't normally qualify for Unemployment Insurance, even if you don't normally qualify as an Independent Contractor. You may be eligible if you're unable to work as a result of the coronavirus pandemic.

Apply online on the NY Department of Labor website, and the system will determine if you are eligible for UI or PUA.

Pandemic Unemployment Compensation

Pandemic Emergency Unemployment Compensation (PEUC) provides an extra \$600 per week on top of usual weekly unemployment benefits. If you're eligible for UI or PUA, you'll automatically receive the additional payment from PEUC.

Help if you got sick with COVID-19 on the job

If you become ill with COVID-19 as a direct result of your job, you may be eligible for cash benefits, medical care, or both through Workers' Compensation.

Apply online through the [Workers' Compensation Board](#).

Help if you got sick with COVID-19 off the job, are disabled, and can't work

If you become ill with COVID-19 off-the-job and are disabled and prevented from working, you may be eligible for Disability Benefits.

Apply for online through the [NY State website](#).

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