

# I have been affected by Coronavirus (COVID-19), Am I eligible for benefits?

Many people who have been impacted by COVID-19 qualify for benefits to help them buy groceries, get health care, or get financial support. See what support you might be eligible for on the following pages. For some benefits, other factors might affect your eligibility (for example, pregnancy or immigration status).

## Benefits available to Self-Employed Workers



### Paid or unpaid leave

#### If you're sick or taking care of your family

Under federal law, if you're self-employed you may be entitled to tax credits for leave related to COVID-19. You may be eligible if you:

- Can't work or telework because of a quarantine ordered by the government or advised by a health care provider
- Can't work because you're taking care of a family member under quarantine ordered by the government or advised by a health care provider
- Are experiencing COVID-19 symptoms and are seeking a medical diagnosis
- Are taking care of a child whose school is closed or whose childcare is unavailable

Learn more about [Sick Leave for self-employed workers](#)



### Payments if you lost your job

#### If you are working fewer hours, had a planned job that's cancelled, or have been furloughed due to COVID-19

##### Pandemic Unemployment Assistance

Pandemic Unemployment Assistance (PUA) gives temporary income to workers who wouldn't normally qualify for Unemployment Insurance, even if you don't normally qualify as an Independent Contractor. You may be eligible if you're unable to work as a result of the coronavirus pandemic.

Apply online on the NY Department of Labor website, and the system will determine if you are eligible for UI or PUA.

##### Pandemic Unemployment Compensation

Pandemic Emergency Unemployment Compensation (PEUC) provides an extra \$600 per week on top of usual weekly unemployment benefits. If you're eligible for UI or PUA, you'll automatically receive the additional payment from PEUC.

For more information on available support, visit the [Coronavirus \(COVID-19\) Updates page](#)



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