

I have been affected by Coronavirus (COVID-19), Am I eligible for benefits?

Many people who have been impacted by COVID-19 qualify for benefits to help them buy groceries, get health care, or get financial support. See what support you might be eligible for on the following pages. For some benefits, other factors might affect your eligibility (for example, pregnancy or immigration status).

Benefits available to many adults



Health Insurance

Medicaid

You may be eligible for Medicaid if you are:

- Between the ages of 19 through 64
and
- Single with no children with a household income below \$1,467 monthly or \$17,609 yearly
- In a two-person household with a household income below \$1,982 monthly or \$23,792 yearly
- In a four-person household with a household income below \$3,013 monthly or \$36,156 yearly

Apply for Medicaid through the [NY State of Health website](#) or get help through [GetCoveredNYC](#). If you are 65 or older, blind, or have a disability, call HRA at 1-888-692-6116 and ask about Medicaid.

NY State of Health

You may be eligible for NY State of Health if you are:

- Between the ages of 19 through 64
and
- Single with no children with a household income below \$4,253 monthly or \$51,040 yearly
- In a two-person household with a household income below \$5,746 monthly or \$68,960 yearly
- In a four-person household with a household income below \$8,733 monthly or \$104,800 yearly

See your options and apply through the [NY State of Health website](#).

Health insurance for children

Children may be eligible for health insurance benefits if they're in a household income is higher than what is listed above for adults.

See your options and apply through the [NY State of Health website](#).



Food stamps (SNAP) to help buy groceries

Supplemental Nutrition Assistance Program (SNAP) provides money to families who need it to help them buy healthy food. You may be eligible for SNAP if you are:

- Single with no children with a household income below \$1,354 monthly or \$16,248 yearly
- In a two-person household with a household income below \$1,832 monthly or \$21,984 yearly
- In a four-person household with a household income below : \$2,790 monthly or \$33,480 yearly

Apply for SNAP online through [ACCESS HRA](#).

For more information on available support, visit the [Coronavirus \(COVID-19\) Updates page](#)



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Benefits available to Self-Employed Workers



Paid or unpaid leave

If you're sick or taking care of your family

Under federal law, if you're self-employed you may be entitled to tax credits for leave related to COVID-19.

You may be eligible if you:

- Can't work or telework because of a quarantine ordered by the government or advised by a health care provider
- Can't work because you're taking care of a family member under quarantine ordered by the government or advised by a health care provider
- Are experiencing COVID-19 symptoms and are seeking a medical diagnosis
- Are taking care of a child whose school is closed or whose childcare is unavailable

Learn more about [Sick Leave for self-employed workers](#)



Payments if you lost your job

If you are working fewer hours, had a planned job that's cancelled, or have been furloughed due to COVID-19

Pandemic Unemployment Assistance

Pandemic Unemployment Assistance (PUA) gives temporary income to workers who wouldn't normally qualify for Unemployment Insurance, even if you don't normally qualify as an Independent Contractor. You may be eligible if you're unable to work as a result of the coronavirus pandemic.

Apply online on the NY Department of Labor website, and the system will determine if you are eligible for UI or PUA.

Pandemic Unemployment Compensation

Pandemic Emergency Unemployment Compensation (PEUC) provides an extra \$600 per week on top of usual weekly unemployment benefits. If you're eligible for UI or PUA, you'll automatically receive the additional payment from PEUC.

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Benefits available to Employees



Paid or unpaid leave

If you're sick or taking care of your family

Federal Sick and Family Leave

If your employer has fewer than 500 employees, you may be eligible for:

- **Paid sick leave (at full pay)** if you can't work because of a quarantine ordered by the government or advised by a health care provider, or you're sick with COVID-19 symptoms and are seeking a medical diagnosis
- **Paid sick leave (at two-thirds pay)** if you can't work because you need to care for someone in quarantine because of a government order or advice of health care provider
- **Up to an additional 10 weeks of paid expanded family and medical leave (at two-thirds pay)** to care for a child whose school or child care is closed or unavailable for reasons related to COVID-19

Qualifying employers must provide you with this leave, and you don't need to apply. To learn more, visit the [US Department of Labor website](#).

State Sick Leave

Sick and Family leave from NY State provides additional paid or unpaid leave (depending on the size of your employer). You may be eligible if you miss work due to:

- Isolation or quarantine orders from the government or a health care provider
- Taking care of family member affected by COVID-19

Qualifying employers must provide you with this leave, and you don't need to apply. Learn more from [NY State Dept of Labor](#).

New York City Sick Leave

NYC Paid Safe and Sick Leave includes up to 40 hours of paid or unpaid sick leave (depending on employer's size) for NYC employees. You may be eligible:

- If you've worked for your employer for 120 days or more
- Regardless of immigration status

Qualifying employers must provide you with this leave, and you don't need to apply. Learn more from the [Department of Consumer and Worker Protection](#).

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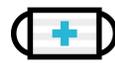
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Help if you got sick with COVID-19 on the job

If you become ill with COVID-19 as a direct result of your job, you may be eligible for cash benefits, medical care, or both through Workers' Compensation.

Apply online through the [Workers' Compensation Board](#).



Help if you got sick with COVID-19 off the job, are disabled, and can't work

If you become ill with COVID-19 off-the-job and are disabled and prevented from working, you may be eligible for Disability Benefits.

Apply for online through the [NY State website](#).

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